

Fist Home Flyer

*Newsletter of the
Barony of Naevehjem
Mar / Apr AS XLVIII (2014)
www.naevehjem.org*



Their Excellencies Rudolph and Amicia
(photo by Jzmes of the Lake)



Barony of Naevehjem

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Canton of Cragdon-on-the-Water (Inactive)

Contact Their Excellencies Baron Rudolf or Baroness Amicia, (Randy or Beth Porter) at:

baron@naevehjem.org or baroness@naevehjem.org (760)764-2038

Unto the populace of
Naevehjem, do we, Rudolf and
Amicia, send Greetings!

As we write this missive to You, We are at Estrella War XXX. Weather is good; sales have been slow these first couple of days. We always hope to come home with less wood from the forest of ply than with which we began this venture!

Crown Tourney was a marvelous and heraldically glorious day! The heirs to the Caidian throne have been chosen.....Sir Agrippa Morris and Mistress Bridget Lucia Mackenzie will, no doubt, make this a most magical reign.

March to the Sea, our next Baronial event, is March 15. We encourage all of our populace to come out and enjoy the day. There will be fighting, A & S contests, camaraderie, and did we mention fighting??!! Come out and support Our Barony.

We encourage as many people as possible attend events outside of Naevehjem. The weekend of March 8 is the West Coast Culinary Symposium and March Melee in Barony of the Angels. We will try to attend Collegium Caidus March 22th and possibly Galla-Sahid Anniversary March 29th. Then April 11th-13th is Starkhafn Anniversary – a camping event in Pahrump NV. April 19 is Dun Or Anniversary. Treasure Chest is up in Nordwache April 25th -27th; another camping event that is

always fun! Check the Kingdom calendar and plan ahead.

Don't forget to check the Yahoo Group for updates on time and place for our tabard sewing project. Many hands make light work. Also check for info on the A&S night during Monday fighter practice at the Knights of Columbus. Scriptorium is Wednesday evenings at Baldwin's Keep. Come and join us!

Yours In Service to the Dream,

Rudolf and Amicia



New! Arts and Science Nights

Are you interested the creative arts? Then join us for Arts and Sciences Night! All are welcome to attend and see what everyone is doing and maybe have a chance to learn something new!

Date: Every 3rd Monday of the month

Time: 6pm - 8pm

Place: Knights of Columbus, side door entrance

Activities: Every month will have a new theme! Bring a project, show it off and tell us about it. It doesn't have to be just a craft, the creative world is so big! Do you have a story, a poem, a song, or even a dance? It's all welcome!

Upcoming themes:

March 17th– Journey (In honor of March Melee)

April 21st – Hand sewing

May 19th – Spring

June 16th – The Romans

July 21st– Unfinished Projects (Just a night to work on our projects, maybe start on Frost Dragon projects!)

A&S 911 – Having a problem with a project or maybe need some ideas. Bring your troubled project and let us help you. Sometime it takes a Barony to finish a project!

Classes – An upcoming feature! If we can find the teachers, we hope to offer short classes!

Wanted:

We are looking for crafters/dancers/musicians that would be willing and interested in sharing their craft. These are not like most workshops. They would be short courses to help get people interested in more!

Any other suggestions are welcome and we look forward to seeing you there!

A Missive regarding
January's HERBALISM
Workshop

Unto the good populace of Naevehjem, greetings and gratitude!

It was my great pleasure earlier this month to hold a two-day herbalism workshop in your fine barony of Naevehjem, which was graciously hosted by Mistress Belinda of Emeric and her lord, THL Liam niclan of the Bloody Foreland. Much fun was had, and one hopes some learning as well. One of the additional benefits of the workshop was some extra herbal preparations suitable for largesse for the use of Their Excellencies, which one hopes is put to good use. It is always a pleasure to share my primary art with those who have interest, and I am especially grateful for the warm and constant welcome I and other members of Household deSteele have always received in Naevehjem. Would that all the realm were as welcoming and generous of heart as Naevehjem!

It is my hope to return again to your lands to share good fellowship in the future, and my thanks for your support of the arts.

- Dame Catherine Adrienne deSteele, O.L.

March Mel ee

Greetings One and All and welcome to Naevehjem on March 15th, 2014 for a day of Fighting and Discovery. There will be a traveling foods contest. Fighters, please bring your full gauntlets if you have them. Site opens at 8am with lists opening soon thereafter. Court will commence at their Excellency's convenience around 10am. The fighting and contests will begin shortly after Court. Site closes at 6pm.

Where: Freedom Park, 100 W. California Ave.
When: March 15th, 8am to 6pm

Summer Bar BEQUE

This "tradition" started last year. It was great! We want to do it again. We need an Autocrat. How about you?

It's not a huge job like Frost Dragon or March to the Sea. Mainly, we need someone to be a focal point for logistics.

If interested, contact our Seneschal, Captain Lord Gregory Morgan, seneschal@naevehjem.org or by phone at 760-382-4174

Baronial Calendar

12 MAR **Baronial Dinner Meeting**

5:30pm @ John's Pizza
(meeting at 6:30pm)

15 MAR **March Melee**

8:00am @ Freedom Park

17 MAR **Arts & Sciences Night**

6:00pm @ Knights of Columbus

8 APR **Baronial Dinner Meeting**

5:30pm @ John's Pizza
(meeting at 6:30pm)

Monday Night Fighter Practice
6—8 pm
Knights of Columbus

Wednesday Night Scriptorium
7—9 pm
Baldwin's Keep

Sunday Archery & Thrown Weapons
2—4 pm (4-6pm starting in April)
Baldwin's Keep

Kingdom Calendar

7-9 MAR West Coast Culinary Symposium
Camp Scherman
Mountain Center, CA

22—23 Collegium Caidis
MAR Calle Mayor Middle School
Torrance, CA

4—6 King's Hunt
APR Live Oak Park
Santa Ynez,, CA

5 APR Knewbie Knockabout
Fruitvale Norris Park
Bakersfield, CA

11—13 Starkhafn Anniversary
APR Petrack Park
Pahrump, NV

19 APR Dun Or Anniversary
Lancaster City Park
Lancaster, CA

25—27 Treasure Chest XV
APR Hickey Park
Hanford, CA

Salsa A Bolets (Mushrooms with Herb Sauce)

**Libre de Sent Sovi,
Catalan, 14th century**

Original Recipe:

Si vols ffer salsa a bolets, perbul-los bé, e quant seran perbullits prem-los ab holi. E après ftes tal salsa: Ages sebes e jurvert e salandre, e piqua-ho e destrempa-ho ab espicies e ab vinagra e ab un poc de gras. E puys ftes torsos de bolets: e quant seran soffregits, mit-los en aquesta salsa. Ho.ls dónes cuyts en brases ab sal e ab holi.

Translation: from The Medieval Kitchen: Recipes from France and Italy)

If you want to make mushrooms with sauce, par-boil them, and when parboiled drain well and fry in oil. Then make this sauce: Take onion, parsley and coriander, and grind them well and combine them with spices and vinegar and a little verjuice. And then slice the mushrooms; and when they are fried, add them to the sauce. Or you can serve them cooked over the coals with salt and oil.

Redaction by Magnus Gra`hetta

- 15 oz. Sliced Mushrooms
- 1/2 tbsp. Olive Oil
- 1/2 tbsp. butter

Sauté sliced mushrooms in oil and butter. Toss with Sauce.

Sauce

- 1/2 cup onion
- 1/2 tsp salt
- 1/4 cup fresh parsley
- 1 pinch black pepper
- 1/4 tsp coriander
- 1/8 tsp nutmeg
- 1 tbsp white wine vinegar
- 1 tbsp orange juice
- 3 tbsp olive oil

Rough chop onions. Place onions in food processor with all the ingredients, but the vinegar and the orange juice. Pulse until it forms a sauce. Add mixture to a sauté' pan and cook to reduce and sweeten onions. Add the vinegar and the orange juice. Continue to cook for two minutes. Tighten sauce with a little cornstarch or add water to reach desired consistency. Sauce should be slightly thick.

Yields: 2 cups

Greyland's Musings....

We are smack in the middle of the all-too-short spring season, here in Naevehjem. I, for one, welcome the break from the tyranny of the ever blue skies of our desert home. Oddly, the overcast days don't strike me as gloomy at all, but instead lift my spirits, in juxtaposition with the falling rain. I can not agree with T. S. Eliot's claim that "April is the cruelest month" rather, I prefer Shakespeare's outlook... that "April hath put a spirit of youth in everything." As war season cranks up, I'm hoping to make it to one or two this year, along with a number of tournaments. It will be nice to get out of the house. With that, I thought this issue I'd share this 16thC poem by Thomas Nashe, titled *Spring*.

*Spring, the sweet Spring, is the year's pleasant king;
Then blooms each thing, then maids dance in a ring,
Cold doth not sting, the pretty birds do sing--
Cuckoo, jug-jug, pu-we, to-witta-woo!*

*The palm and may make country houses gay,
Lambs frisk and play, the shepherds pipe all day,
And we hear aye birds tune this merry lay--
Cuckoo, jug-jug, pu-we, to-witta-woo!*

*The fields breathe sweet, the daisies kiss our feet,
Young lovers meet, old wives a-sunning sit,
In every street these tunes our ears do greet--
Cuckoo, jug-jug, pu-we, to-witta-woo!
Spring, the sweet Spring!*

NOTICE

The next FistHome Flyer will be published:
MAY of 2014.

Submissions for the next issue will be due:
APRIL 21st, 2013

So please, send your photos, pictures, letters, stories, articles, clippings, research, anecdotes, notes, jokes, recipes, diagrams, scribblings, doodles, or late-night ravings to:

chronicler@naevehjem.org

GUILD MEETINGS and USEFUL POINTS OF CONTACT

(in addition to Regnum listings)

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Minister of Arts and Science

THL Liam Maclan (Glenn McCartney) 760-375-3416
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THL Llewellyn Flinthaven (Larry Zulkoski) 760-375-4429

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THL Gregory Morgan (Greg McAllister) 760-382-4174
g_morgan_8of7@yahoo.com

Newcomers Information

Mistress Katherine of Anglesey (Katherine Baldwin) 760-377-4533
misskofa@wildblue.net

Calligraphy/Scriptorium :

7-9pm every Wednesday

English Country & Middle Eastern Dance:

by arrangement

Cooking Guild:

by arrangement

Archery and Thrown Weapons:

2-4pm every Sunday

Hounds of Caid:

by arrangement

For more information on these events, contact:

Mistress Katherine of Anglesey (Katherine Baldwin) 760-377-4533
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GENERAL INFORMATION

This is the March / April 2014 joint issue of the First Home Flyer, a publication of the Barony of Naevehjem of the Society for Creative Anachronism, Inc. (SCA, Inc.) It is not a corporate publication of the SCA, Inc. and does not delineate of the SCA, Inc. policies.

Submissions for publication: Submit to the Chronicler via Email: chronicler@naevehjem.org

The deadline for submissions is the twenty-first of the month before desired publication.

Subscriptions to the first Home flyer are available for \$12.00 per year, prorated to expire in April. Checks or money orders should be made payable to: SCA Inc./Barony of Naevehjem.

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